

# AFFIRMATIONS

*I am at peace.*

*Joy surrounds me, light guides me, love holds (enfolds) me.*

*A new influx of Inspiration flows into my thoughts.*

*I accept Good graciously into my life. All my desires are abundantly met for now and always.*

*I AM unlimited abundance, beauty and creativity.*

*I look for the great and wonderful possibilities in all situations.*

*I am prosperous, abundant, and well taken care of, right now.*

*I rest in the calm, knowing all is well.*

*I am enough; I live from the overflow of an abundant Universe. I never lack for anything.*

*I am open to receive the fullest abundance that life has to offer.*

*I expect to see beauty, abundance and peace. I expect and receive only the best.*

*Everywhere I go I am at Peace. Every word I speak is a word of Love and Appreciation.*

*My relationships reflect only love, honor and healing.*

*I focus on the Good and let all else go.*

*I am prosperous and at peace.*

*Carol McKeag, CPC, ~ Coaching for Life & Spirit*